

City Planning for Modern Lifestyles

Solving real urban issues & changing the way we plan and develop our cities

Rachel Smith

Author, Researcher-Storyteller-Speaker, Urban & Transport Planner

Underspent Products & Services

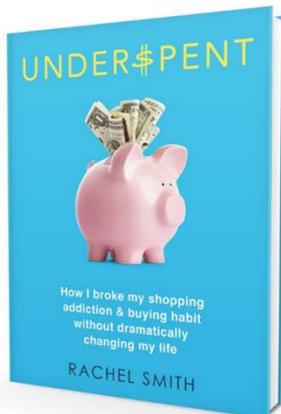
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"I didn't buy anything new or 2nd hand in 2014 and saved 38% of my salary. I changed my spending and transformed my savings. It started as an experiment, but it changed my life so dramatically that I kept going"

Rachel Smith

Keynote Speaking

Need a sensational speaker at your event? Rachel has 30, 45 and 60 minute presentations. Topics include: What we love about shopping, why we buy so much, 7 things to love about quitting consumerism, sticking points, our biggest challenges/personal battles and the 7 step process

Rachel took to quit buying. From \$500. E: rachel@cyclingrachelsmith.com

3-hour Implementation Master Class

Rachel will come into your workplace, school, community group or event and show you how to implement the seven steps that she took to break her impulse shopping addiction and habit of buying 'stuff'. (POA)

10 week program

We've designed the 10 Week Program to set you up with the skills, knowledge, attitude and resources for everyday life so that you can change your spending and transform your savings and stay Underspent long after you complete the program. Good, Better and Best program options.

If you want in... the **Good** program is for you AUD\$150

If you want more.. the **Better** program is for you AUD\$179

If you want it all.. the **Best** program is for you AUD\$299

Register your interest NOW at rachel@cyclingrachelsmith.com

One-to-One Private Coaching

Raise your game by executing the 7 steps in the Underspent book 1-to-1 face-to-face with Rachel. Limited to 4 people per year. POA

3 day Immersion Retreat

Join us for a 3 day Immersion Retreat at Natural Bridge or North Stradbroke Island (Australia) or in North Devon (England) because when people come together something really very powerful happens.

As featured in:

